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Friday FACTS

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31 January 2003

"Leadership, Partnership, and Championship"

Third DoD Population Health & Health Promotion Conference Speaker Feature

Dr. Steven Blair, President and CEO, The Cooper Institute in Dallas, TX will present the Keynote Address, "Physical Inactivity: The Major Public Health Problem of the New Millennium- The Evidence and Strategies for Change" on Tuesday morning, 13 May 2003 at the Third DoD Population Health & Health Promotion Conference at the Town & Country Resort and Conference Center, San Diego, CA. Dr. Blair, an international leader in conducting research linking physical inactivity to health, will review the public health burden of physical inactivity, examine the role of physical activity in the health of middle-aged and older persons, and will suggest intervention strategies to turn our national epidemic of inactivity around. Plan to be there to hear the latest research on this topic!



Further information and Online Registration for the 43rd NEHC Preventive Medicine and Occupational Health Workshop and the Third DoD Population Health & Health Promotion Conference will be available beginning 3 February 2003 at www-nehc.med.navy.mil/Workshop 2003.

*TASK FORCE RECOMMENDS REGULAR CERVICAL CANCER SCREENING BUT SUPPORTS LESS FREQUENT SCREENING FOR SOME WOMEN

The U.S. Preventive Services Task Force today (22 Jan 03) strongly recommended that women between the ages of 21 and 65 be screened regularly for cervical cancer, but it concluded that some women can safely discontinue regular screening or can be screened less frequently. In its screening recommendations, the Task Force addressed the appropriate ages to begin and end screening, the screening interval, and screening method. These recommendations are supported by the National Cancer Institute and are largely consistent with the recommendations of the American Cancer Society. The recommendation is published on the AHRQ Web site and can be viewed at <http://www.ahrq.gov/clinic/3rduspstf/cervcan/cervcanrr.htm>.

Previous USPSTF recommendations, summaries of the evidence, easy-to-read fact sheets explaining the recommendations, and related materials are available from the AHRQ Publications Clearinghouse by calling (800) 358-9295 or e-mailing ahrqpubs@ahrq.gov.

"I don't think anything is unrealistic if you believe you can do it. I think if you are determined enough and willing to pay the price, you can get it done." - Mike

